



Hiawatha Trail Bike Ride: On the Idaho/Montana border the Old Milwaukee Railroad has been transformed into one of the most breathtaking bike rides in the world. This is rugged country with big mountains, and to keep the grade, railroad engineers designed a series of tunnels and high trestle bridges that remain today as remarkable engineering feats. On this ride you'll pedal through amazing tunnels including the 1.6 mile-long Taft Tunnel. You'll cross over canyon-spanning trestles with panoramic views over the Bitterroot and St. Joe Mountains. The trip includes transport to and from the Coeur d'Alene Resort, a trailside picnic lunch, bikes, helmets and lights. **Register for the Hiawatha Bike Trail Ride on the registration form in the annual meeting brochure.**



NPOS Annual Golf Tournament: The Coeur d'Alene Resort Golf Course has established itself as a premier destination golf course debuting as the #11 resort golf course in the nation, while unveiling an extraordinary #1 ranking in the category of "Beauty and Esthetics" by Golf Digest. Join your fellow members and guests in this fun and always exciting Tournament. Early registration is encouraged due to space limitations. **Register for the Annual Golf Tournament on the registration form in the annual meeting brochure.**

COMPANIONS PROGRAM

Register for the Companions Program on the registration form in the annual meeting brochure.

FRIDAY, SEPTEMBER 24, 2010

9:00-11:00 am

Continental Breakfast and Cooking Class

Enjoy a leisurely continental breakfast and then a cooking demonstration taught by the talented chefs at the Coeur d'Alene Resort. Learn about the local flavor and find creative ideas to take home!

SATURDAY, SEPTEMBER 25, 2010

9:00-11:00 am

Continental Breakfast and Gallery Walk

Hosted by Jody Meier

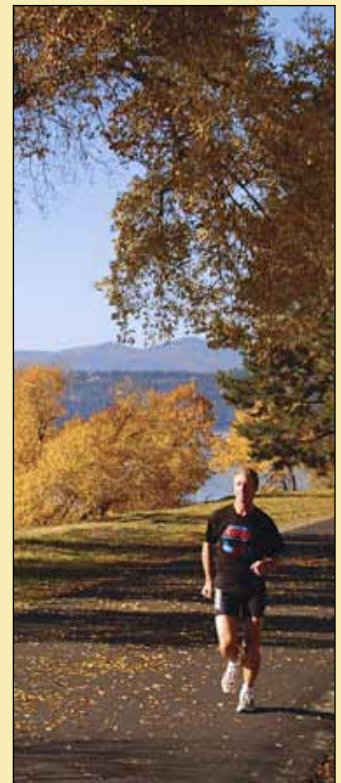
Enjoy a tasty continental breakfast with fellow companions, and then take a tour of the beautiful galleries in downtown Coeur d'Alene.

NPOS 85th Annual Meeting September 23-26, 2010

Social Activities Guide

As a courtesy, NPOS is happy to provide this Social Activities Guide to help our guests learn about some of the various activities to do in Coeur d'Alene. This is just a partial list and more information can be found on the Coeur d'Alene Resort website www.cdaresort.com.

- Private Beach
- Swimming
- Golfing
- The Spa Coeur d'Alene
- Nature
- Shopping
- History
- Fishing
- Youth Programs
- Resort Wine Cellar Tour
- Tennis
- Kayaks/Canoes
- Boat Rentals
- Hot Air Balloon Rides
- Bocce Ball
- Parasailing



Experience and Enjoy These Unique Local Activities

The Spa Coeur d'Alene: Treat yourself to some pampering at The Spa, which includes an exclusive salon, private barber room, lake-view manicure and pedicure services, Fitness Center, pool, Jacuzzi tubs, and many relaxing treatments. Contact The Spa at 208.765.2300 Ext. 5019 for details and to arrange an appointment.

Nature: Take a refreshing hike on Historic Tubbs Hill, trails on Mineral Ridge, or on Mount Coeur d'Alene and take in the amazing sights. There are also a variety of guided biking trails to travel on, including the Trail of the Coeur d'Alene, Farragut Park, and Centennial Trail. Contact the Resort for details at 208.765.4000.

Shopping: There are many shops located inside the lobby of the Resort and at the Shopping Plaza. Downtown Coeur d'Alene is just steps from The Resort and offers unique shopping from local specialty shops, clothing boutiques, art galleries, antiques, to gifts and collectibles.

History: Visit fine museums (The Museum of North Idaho, Fort Sherman Museum); tour the Old Mission State Park, learn the early history of Coeur d'Alene at the Clark House Mansion, and take part in the Sierra Silver Mine Tour or the Gold Mine Tour. Contact Gold Mine – Historic Kellogg at 208.783.GOLD. Contact the Sierra Silver Mine at 208.752.5151

Fishing: Immerse yourself in some of the most scenic waterways in the West. Take a guided trip for fly-fishing on the Coeur d'Alene River or the St. Joe River; go for a fishing adventure on Lake Coeur d'Alene; and take part in a fishing derby organized by local fishing experts. Contact The Resort for fishing details: 208.765.4000.



Youth Programs: Many activities can be customized based on the amount of time allowed and age of the participants. There is private childcare available. Experience the Silverwood Theme Park, which has an amusement park, thrilling rides, unique shops, exciting games, and dazzling entertainment. There is also the Triple Play Family Fun Park, which offers bowling, go karts, laser tag, an indoor waterpark, miniature golf, bumper boats, climbing wall and arcade. Contact Silverwood Theme Park at 208.683.3400. Contact the Triple Play Family Fun Park at 208.762.7529.

